

Conference Chairmen

Final Draft

Any comments must be
submitted no later than
Monday - August 22, 2011



**NATIONAL COLLEGIATE
WRESTLING ASSOCIATION**

**2011-12
WRESTLING PLAN**

***Dedicated to Expanding Athletic Opportunity
to Tomorrow's Leaders***

Effective: 9/1/11

National Collegiate Wrestling Association



2011-12 WRESTLING PLAN

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National Collegiate Wrestling Association

NCWA Mission Statement:

"Expanding Athletic Opportunity to Tomorrow's Leaders"

Vision, Values & Purpose

The NCWA is committed to a vision that has at its core increased leadership opportunities, wrestling competition, community involvement and academic excellence for all students.

Founded in 1997, the NCWA was designed to fill a gap in the wrestling community created by outside influences such as budgetary cutbacks and governmental legislation that forced institutions to drop their NCAA wrestling programs. Although participation interest among students remained high, many schools were forced to offer fewer athletic opportunities. The NCWA stepped in to help provide additional opportunity to the increasing number of high school seniors searching for both academic excellence and wrestling competition at the college level.

The NCWA functions to provide both a spawning ground for new wrestling programs and a governing body for competition, communication and promotion of collegiate style wrestling for our member institutions. We focus on offering expanded opportunities for collegiate style wrestling at all levels.

Our duplicatable model uses wrestling as a platform to teach students hands on leadership skills including: budgeting, conflict resolution, time management, fundraising, scheduling, bargaining & negotiation, motivation, discipline and work ethic. Mentors guide athletes in the development and oversight of a successful non-profit organization using a wrestling program business model.

Despite the fact that wrestling continues to be among the fastest growing interscholastic sport, many Institutions have been unable to offer wrestling opportunities for their incoming students under their current administrative structure. In addition to athletic departments, the NCWA helps build programs under alternative administrative departments including student services and sport club departments.

Because NCWA teams may be funded by students themselves and outside community resources, there are limited budgetary concerns for the institution. If, and when, a school does have room for athletic expansion, it is our hope that since the wrestling program will already be in existence, and in compliance with NCAA rules, that it will be a first choice for ultimate inclusion in the schools overall athletic curriculum.

The NCWA was founded as a 501(c)3 non-profit association. We are composed of volunteers committed to helping our young people accomplish their goals and dreams, and to reach for excellence in everything they do. Through athletic endeavor, academic excellence, team leadership responsibilities and community involvement, NCWA student/athletes leave college ready to meet the demands of a competitive world. They leave college equipped through their academic achievements and athletic success to take the competition to the mat, score and emerge as a champion.

We encourage you to take the next step in expanding the way your school sees student involvement in athletics. Join us in changing lives.

STATEMENT OF PURPOSE:

The National Collegiate Wrestling Association was organized in 1997 as a 501(c)3 non-profit association designed to promote, support and regulate collegiate style wrestling on the college and university level. The member schools give regulatory authority to the NCWA. Institutions of higher learning may apply for membership through the NCWA Executive Board. All junior colleges, colleges and universities, both private and public, are eligible for membership in the NCWA.

The Executive Board, along with the Legislative Council and the Judicial Committee, function to provide the administration, regulation, and promotion of amateur wrestling at the college level for all member institutions.





National Collegiate Wrestling Association

2011-12 WRESTLING PLAN

(Effective as of: 9/1/11)

Text in **RED** denotes new changes effective for the 2011-12 season

Items in ~~xxxx~~ have been deleted from the 2011-12 Wrestling Plan

Important NCWA Dates:

- **4/15/11** - Team Membership Renewal process begins and ends **10/15/11**; after that time, late fees will apply each month
- **9/1/11** - Individual Wrestler Electronic Registration begins and ends **2/8/12**
- **10/15/11** – Deadline for current Competition Schedule to be posted on team page of NCWA official website
- **10/28/11** – 2011-12 Competition Season begins for Men's Division
- **12/1/11 and 2/1/12** - Two articles must be submitted by Team-SID to NCWA
- **1/1/12** - Competition Season for Women's Division begins
- **1/15/12** – Deadline for submitting Conference's selected Official for 2012 National Championships
- **1/27-28/12** - NCWA National Duals in Dalton, Georgia; NCWA - NAIA - NCAA-II Champions Challenge; National High School Duals
- **2/1/12** - No New Teams admitted after this date
- **2/1/12** - All Membership Fees must be paid by this date
- **2/8/12** - Deadline for Individual Wrestler Electronic Registration
- **2/25/12 weekend** - Conference Championships – all fines and fees must be paid before entering Conference
- **2/29/12** - Deadline for 'scratching from National Championships' is 5:00 PM EST - Wednesday after Conference Championships
- **3/8/12 - 3/10/12** - National Collegiate Wrestling Championships
Site: *(To Be Determined)*

SECTION 1 -- MEMBERSHIP

Article 1 -- MEMBERSHIP OF NEW SCHOOLS

New Schools may apply for membership in the NCWA by contacting the NCWA Executive Director Jim Giunta (*Primerica*) at 1-800-825-3696 - extension 107 or by email at jim@ncwa.net.

Upon receiving the initial contact with the NCWA Executive Director, a 'due diligence' will be performed in order to verify the information and clarify any questions with the Administration of the applying institution.

No new schools are accepted after February 1st of each season unless approved by the Executive Board of Directors.

Article 2 -- MEMBERSHIP RENEWAL FOR CURRENT MEMBER SCHOOLS

Membership Renewal: All participating member schools must renew their membership each year. The Annual Membership Application Form is available on the NCWA website. An annual membership fee will be due between **April 15th** and **October 15th** each season. A late fee of \$50 per month will be assessed any team not submitting their annual renewal payment in a timely manner. The due dates and applicable fines are listed on the Team Membership Application Form. All Membership Dues and Late Fees must be paid for a team and its members no later than **February 1st** of each season in order to be eligible to enter competition at the Conference Championships.

SECTION 2 -- ELIGIBILITY

Article 1 -- ELIGIBILITY OF SCHOOLS

Membership in the NCWA is open to all institutions of higher education that **do not** currently sponsor a wrestling program for competition in the NCAA, NAIA, NCCAA, or NJCAA. Member teams are **generally** under the jurisdiction of the Athletic Department, the Sports Activity Coordinator or any department granted the administrative authority by the member institution.

Schools that **do sponsor** a program in the NCAA, NAIA, NCCAA, or NJCAA may apply for **Provisional Membership** at the NCWA - D-2 level for their first year.

NCAA schools that are in the process of changing divisions, and are restricted from NCAA National Championship participation for the term of their probation, may apply for NCWA membership by submitting a **Transitional Membership Waiver Form** to the Executive Director. This waiver will remain valid unless revoked by the Member Institution or by the NCWA Executive Board of Directors. Acceptance of their application is subject to approval by the NCWA Board of Directors. The Transitional Membership Waiver fee is **\$200.00 annually**.

The NCWA and NCAA recommends that every Head Coach and Team President be CPR certified annually and first-aid certified every 3-years. The date of their certifications should be submitted on the Membership Application Form.

Article 2 -- ELIGIBILITY OF WRESTLERS

NCWA wrestlers are limited to a total of 4 years of competition (consecutive or not) in the NCWA, NCAA, NAIA, NCCAA or NJCAA and any combination thereof, while the wrestler is enrolled in an undergraduate or graduate degree program.

Student/Wrestlers must be currently enrolled in a matriculating program, verified by the school Registrar, satisfactorily progressing toward a degree, or equivalent, and attending a minimum of six (6) units during the NCWA season regardless of the school's academic calendar. While competing, if classes are in session, the wrestler must be attending classes.

Graduating seniors are exempt from the 6-unit requirement if they will complete their graduation requirements at the end of the current semester.

An institution shall not permit any wrestler to represent their team in collegiate competition within the NCWA unless that wrestler maintains the minimum academic eligibility requirements of that institution. It is the responsibility of the individual wrestler, and his coach, to monitor academic status. The NCWA does not track individual academic performance but will uphold the academic institution's decisions regarding eligibility. However, in order to compete in the Conference Championships, a wrestler must have a Cumulative Overall Grade Point Average (GPA) of 2.0 or better after 1 year of eligibility, as verified by the school's Registrar.

Only NCWA athletes who have not entered any nationally recognized collegiate post-season championship series during the current season shall be eligible to compete in the current NCWA Championship Series.

If an athlete participates in a nationally recognized collegiate wrestling program other than the NCWA and loses eligibility in that program, they are not eligible to participate with the NCWA during the same season.

To certify eligibility, all Student/Athletes must electronically register with the NCWA. Only properly registered athletes are eligible to compete on, or for, any NCWA member institution during the competition season. No wrestler may practice, compete, or travel in any NCWA event until their Electronic Individual Wrestler Registration and their Waiver and Release of Liability Form have been properly completed, submitted, and received by the NCWA. Deadline for submitting the Electronic Individual Wrestler Registration is **February 8th** of each season.

Any NCWA team that enters an ineligible wrestler in a competitive event during the season shall be fined according to the Team Penalties Fines Schedule chart (*see Section 11*) and shall forfeit all competitions in which the ineligible wrestler competed. All team points and all individual "National NCWA Points" will be lost to the team and its members. Additional violations may result in sanctions and fines, including but not limited to, a team being banned from competition within the NCWA for a calendar year or longer.

Article 3 -- NCWA LIABILITY AND INSURANCE POLICY STATEMENT

The NCWA functions only as an organizational body and does not accept any liability for athletes during practice, travel, and/or competition. Wrestlers and Clubs / Teams must be insured by the **liability coverage** of their respective school. Most programs are automatically covered by virtue of their officially recognized school status. All athletes are required to carry personal health or injury insurance coverage. In addition, the NCWA may choose to carry liability insurance and, at its discretion, cover member athletes and institutions.

Article 4 – TEAM AND ATHLETE INFORMATION

Each member team must maintain its contact information on the official NCWA website (www.ncwa.net) at all times. It is the responsibility of the Head Coach, or in the absence of a Head Coach, the Team President, to keep all email addresses, phone numbers, and mailing addresses current. This will include accurate, up-to-date contact information, current athlete records and biographical information including an appropriate individual photo, a schedule of events and competitions.

All teams must post their dual and tournament results in a timely manner. Home Teams must report the results within 4-hours of the end of the event; Visiting Teams must report their results within 48-hours of the event. Failure to do so may result in league fines that will be deposited in the **National Scholarship Trust Fund**.

An athlete's individual record must be reported on the NCWA official website within **5 days** of the competition in order to be considered as a valid competition/weigh-in.

Article 5 – TEAM STAFF COMPOSITION

Each member team has various duties required by the NCWA. The responsibilities that are outlined below are not restricted to the named individuals but may be shared as needed for each team. The team may be coached by an individual hired for that purpose or by a student. However, the school's policy in this matter will be the rule. In order to share the duties, the following structure is recommended for the team:

- a) **Head Coach**: has the responsibility for scheduling events, monitoring practices, responsible for team conduct during competition, electronically registering athletes each year on the NCWA website, and submitting signed Waivers and Release of Liability Forms to the NCWA via fax or email. The NCWA and NCAA recommend that the Head Coach of each team be CPR certified annually and first-aid certified every 3-years. The date of their certification should be submitted on the Membership Application Form. Participation in the NCWA on-line Coaches' Poll is limited to D-1 teams and Conference Board members.

All coaches must register on the official NCWA website before the beginning of each season. Registration is free. Team rosters will not be posted on the website until the coach(es) are registered.

- b) **Team President**: has the responsibility for establishing an appropriate liaison between the team and the school's administration, overseeing the proper payment of Annual Membership Fees and team fines, and overseeing the appropriate registration of wrestlers with the NCWA. The NCWA and NCAA recommend that the Team President of each team be CPR certified annually and first-aid certified every 3-years. The date of their certification should be submitted on the Membership Application Form.
- c) **Team - Sports Information Director (T-SID)**: is responsible for communicating news about the team throughout the year, keeping their NCWA team website current, reporting team competition results, and updating athletes' records and rankings, etc.

Each T-SID must submit a minimum of two (2) articles per season to the NCWA website. One article must be submitted no later than December 1st; the second article must be submitted no later than February 1st. However, there is no maximum on the number of articles. Failure to submit the minimum 2 articles may result in a \$20 penalty for missing each deadline. (see penalty list in SECTION 11).

- d) **School Compliance Officer**: Each team must have an individual (*school staff or team member*) who is responsible for monitoring the rules and regulations of the NCWA, NCAA and other eligibility requirements of their institution.
- e) **Alumni Director**: **Each team should have someone available as a liaison between the NCWA, the team and the school's Alumni Association who would be able to gather information on NCWA alumni (current contact information).**

SECTION 3 -- COMPETITION

Article 1 -- Step #1: INDIVIDUAL WAIVER AND RELEASE OF LIABILITY FORM

Individual Waiver and Release of Liability Form: This form is available on the NCWA website. The wrestler must add their signature to the form, and then deliver the completed form to their Head Coach.

The Head Coach must also sign the completed form and **FAX or scan and email** the signed form for each wrestler to the NCWA Executive Secretary at the toll-free number (**or email address**) listed on the form. The Form must be submitted within 48-hours of the signature. The Coach is to keep the original form in their team's NCWA Resource Binder or similar file.

When the properly completed Waiver and Release of Liability Form is received, and the wrestler has electronically submitted their Individual Wrestler Registration on the NCWA website, the NCWA will clear the athlete for practice and competition.

No wrestler may participate in any practice, competition, nor travel as part of an NCWA team before the completion of this two-step process. Only after both forms (Waiver and Release of Liability and Electronic Registration) are received, is the wrestler covered under the NCWA secondary injury coverage.

Article 2 – Step # 2: INDIVIDUAL ELECTRONIC WRESTLER REGISTRATION

Individual Electronic Wrestler Registration - September 1st thru February 8th

Before the beginning of any practice, competition, or travel, **all athletes** are required to be electronically registered on the Official NCWA website. Individual Wrestler Electronic Registration opens **September 1st**; the deadline is **February 8th** of each season. Electronic Registration costs **\$35** per wrestler (*Cost is adjustable by the NCWA Executive Board*). The registration fee may include secondary accidental injury coverage during the official NCWA season. Payment will be required at the time of the registration and will only be payable by credit / debit card on the NCWA official website. Only wrestlers who have electronically submitted their Individual Wrestler Registration, and have faxed their signed Waiver and Release of Liability Form, will appear on the team's roster. The NCWA will assume that wrestlers who appear on the NCWA website have met all of the above eligibility requirements.

As new members join a team, they may not practice, travel, or compete in any NCWA event until their Individual Wrestler Registration and Waiver and Release of Liability Form have been properly completed and submitted to the NCWA.

Point of Emphasis: For safety considerations, it is recommended that a team member should have a minimum of 10 practices before entering any competition.

The Head Coach is to print, and keep, the Individual Wrestler Registrations Forms, properly signed and to make the forms available at all events as proof that their wrestlers are eligible and registered members of the NCWA. The Individual Wrestler Registration Forms and the Individual Waiver and Release of Liability Forms are to be kept in the team's NCWA Binder / file.

Article 3 -- RULES OF COMPETITION

NCWA will comply with the published rules of competition as distributed by the NCAA. The current edition of the NCAA Wrestling Rules and Interpretations will be observed unless otherwise revised by the NCWA Executive Board, Legislative Council, and/or the Judicial Committee.

One copy of the NCAA Rules Book is sent to each team after their Membership Application and payment has been received by the NCWA. Copies of NCAA Wrestling Rules are also available from the NCAA Sports Library at their web page: **www.ncaa.org**.

NCWA member schools may **host** competition only between wrestlers and teams that are active members of the NCWA, NCAA, NAIA, NCCAA, or NJCAA. All matches will count toward the NCWA records and national NCWA points if the hosted event was officiated by an NCWA Registered Wrestling Official representing a recognized sanctioning Officials association. (*see Section 3 - Article 5*)

Defining an 'Open Tournament': During the competition season, an **Open Tournament**, hosted by an NCWA team, is defined as a competition **ONLY** open to currently collegiately eligible members of the nationally recognized collegiate wrestling associations listed above.

Point of Emphasis: Any student who is enrolled at an NCWA member institution, and the student participates in an open competition after the start of the NCWA season, without being properly registered and cleared for competition with the NCWA, will be declared ineligible to compete within the NCWA for one calendar year.

During all competitions, Riding Time must be used as per NCAA Rules.

~~During competition, whether duals or tournaments, 'Advantage/Riding Time' may be used as determined at each event by the teams involved. However, at the Conference Championships and the National Championships, 'Advantage/Riding Time' will be used at all related events.~~

Point of Emphasis: Wrestler's apparel must comply with NCAA rules related to uniforms, warm-ups and equipment. (**NCAA Rule 1- Section 1.12.2**).

Appropriate attire for coaches' is also required. (**NCWA – Section 3 - Article 11 and NCAA – WR-7**)

Article 4 -- COMPETITION SEASON

The official NCWA 2011-12 Men's competition season will begin on **October 28, 2011** and will conclude with the presentation of awards at the National Championships in March, 2012. During the competition season, rules contained in the NCWA Wrestling Plan, will apply.

The NCWA does not set maximum limits on the time and conditions of practice or competition. The number of competitive events, practices, schedules and times are only limited by the individual member institution.

All NCWA - D-1 Teams are required to host (or co-host) at least ~~two (2) events~~ **four (4) events over two (2) seasons** (dual, triad, quad meet or tournament). Failure to comply may result in league fines to be applied to the National Scholarship Trust Fund. NCWA - D-2 Clubs are not required to host events in order to remain in good standing.

Article 5 -- WRESTLING OFFICIALS

All NCWA hosted matches, whether dual format or tournament format, must be officiated by a **registered** NCWA Referee. NCAA Certified Officials should be used when at all possible. Other Officials that are acknowledged by a national or state sanctioning association are also permitted, but all Officials must be **registered** on the NCWA website. Failure to use a registered NCWA Official will result in a ~~Conference~~ league fine (see Section 11).

At NCWA hosted events, it is the responsibility of the host team to provide the NCWA registered Official(s).

Currently, the Official's registration is free. NCWA Official's merchandise is available through the NCWA website and from Cliff Keen Supplies (www.cliffkeen.com). All Officials should wear the NCWA Official's patch at all NCWA events.

NCWA Officials are required to report any Flagrant Misconduct (FMC) on the part of wrestlers and/or coaches within 48-hours of the incident by email to the National Compliance Officer (compliance@ncwa.net)

Selection of Officials for all National Championships will be as follows:

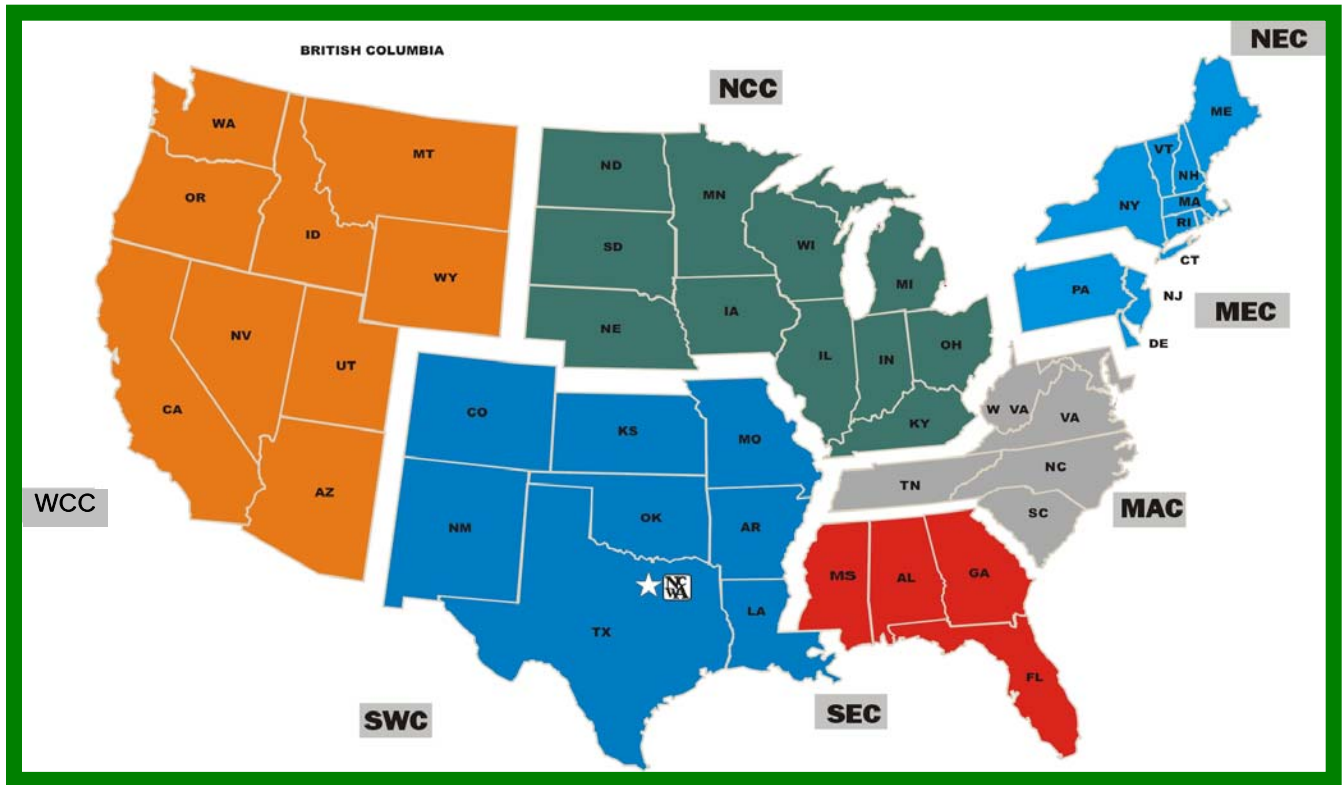
- 1) Each Conference Board may submit one (1) selection
- 2) The deadline for submitting a Conference's selection is January 15th to the National Head Official
- 3) The remaining Officials for the Nationals will be selected by the NCWA Tournament Committee in conjunction with the National Head Official.

Evaluation of Officials: The NCWA has "Evaluation of Officials" forms that can be used throughout the year. The forms are available on the NCWA website. The evaluation is formatted in PDF and can be downloaded and made available at mat side. The other evaluation is also in PDF and can be used when needed by the coach from their own computer and submitted via email.

Article 6 -- CONFERENCE ALIGNMENT AND BOARD MEMBERS

The NCWA is divided into 7 Conferences:

Conference Re-Alignment as approved by Conference Vote - 8/18/09



2011-12 Conference Boards:

North Central Conference:

- Chairman: **Rick Bolhuis**
Grand Valley State University
bolhuis@gvsu.edu

- Commissioner / Compliance:..... **David Ray**
Southern Illinois University - Edwardsville
daray@siue.edu

- Development / Treasurer: **Tom Kiefer**
University of Toledo
thomas.kiefer@rockets.utoldeo.edu

- Conference SID: (C-SID)..... **Robert James**
Cincinnati State Technical & Community College
boomboom4god@yahoo.com

- Conference Alumni Representative:..... _____

Northeast Conference:

Chairman: **Stephen Shaw**
S U N Y - Albany
coachshawdog@aol.com

Commissioner / Compliance:..... **Henry Marsh**
University of New Hampshire
henrymarsh@aol.com

Development / Treasurer: **Brad Nelson**
Rensselaer Polytechnic Institute
threeptilt@hotmail.com

Conference SID: (C-SID)..... **Eddy Augustin**
Amherst College
eaugustin@amherst.edu

Conference Alumni Representative:.....

Mid-East Conference:

Chairman / Treasurer: **John Piper**
Lafayette College
piperj@lafayette.edu

Commissioner / Compliance:.....

Development: **Jon Werkmeister**
Lafayette College
werkmeij@lafayette.edu

Conference SID: (C-SID)..... **Charles Danof**
Blair Academy
danhoc@blair.edu

Conference Alumni Representative:.....

Mid-Atlantic Conference:

Chairman: **Matt Butler**
The Apprentice School
matt.butler@hii-nns.com

Commissioner / Compliance:..... **Bryan Knepper**
Middle Tennessee State University
coach.knepper@gmail.com

Development / Treasurer: **Nate Casperson**
Southern Virginia University
nate.casperson@svu.edu

Conference SID: (C-SID)..... **James Heath**
The Apprentice School
James.Heath@hii-nns.com

Conference Alumni Representative:.....

Southeast Conference:

Chairman: **Scott Sherman**
University of Central Florida
shermans@cff.rr.com

Commissioner / Compliance:..... **Kevin Andres**
Mercer University
compliance@ncwa.net

Development / Treasurer: **Dave Mathews**
Mercer University
webmaster@ncwa.net

Conference SID: (C-SID)..... **Johnny Rouse**
University of Central Florida
rousej3@comcast.net

Conference Alumni Representative:..... _____

Southwest Conference:

Chairman: **Jeff McCall**
University of Texas at Arlington
jeffmmccall@aol.com

Commissioner / Compliance:..... **Dalton Souders**
Primerica
texas duke@gmail.com

Development / Treasurer: **Nic Brent**
Northwest Missouri State University
S267571@nwmissouri.edu

Conference SID: (C-SID)..... **Mike Konetski**
Texas A & M University

Conference Alumni Representative:..... _____

West Coast Conference:

Chairman: _____

Commissioner / Compliance:..... **Sonia Beri**
San Jose State University

Development / Treasurer: _____

Conference SID: (C-SID)..... **Steve Rose**
Douglas College
srose@sd43.bc.ca

Conference Alumni Representative:..... _____

Article 7 – DETERMINING NCWA DIVISION 1 / DIVISION 2 ALIGNMENT ELIGIBILITY

To be recognized as a D-1 Team, the following minimum criteria must be met:

- 1) Meet NCWA obligations as detailed in the Wrestling Plan.
 - 2) Register as a Team with the NCWA by October 15th of each season.
 - 3) Have a non-student / non-competing Head Coach listed with the NCWA by October 15th of each season.
 - 4) By November 15th of each season, a team must have a minimum of 11 registered wrestlers posted on the official NCWA website or have entered a minimum of 8 wrestlers, in at least 7 separate weight classes at the previous season's Conference Championships.
 - 5) Display on the NCWA official website a posted Schedule to compete in 8 separate events (*8 scratch weigh-ins*) not including the Conference Championships or the National Championships by October 15th of each season.
 - 6) Host a minimum of 4 events over two seasons.
 - 7) Enter a minimum of 8 wrestlers, in at least 7 separate weight classes at their Conference Championship.
 - 8) Have entered all of their National Qualifiers from their Conference Championship into the NCWA National Championships in the previous season.
 - 9) Have no major compliance violations during the preceding season, major as determined by the Judicial Committee.
 - 10) FYI: D-1 Teams will begin using a beta test of the NWCA Optimal Performance Calculator (OPC) in the 2011-12 season.
- Athletic Department funded programs are exempt from the above qualifying procedures and will automatically be considered a Division 1 team during their provisional season. They are expected to comply with all other Division 1 criteria.
 - NCWA teams from schools sponsoring an NCAA wrestling program are always considered as Division 2 - Club teams.
 - New member schools enter the NCWA as a "First-Year Provisional Program." The provisional year is designed to allow new programs to become familiar with the NCWA rules.
 - Transitioning Programs may be considered Division 1 subject to the Executive Board decision (e.g.: NAIA transitioning to NCAA-D-II).
 - Starting with the 2010-11 NCWA season, Division 1 recognition will be for a 2-year period to maintain a stable alignment between the divisions.
 - Division 1 programs will be given preference in the National Duals invitations.

- Both Division 1 and Division 2 individuals will compete at the National Championships.

At the conclusion of the Championships, team scores will be separated according to D-1 and D-2 status and the team awards will be presented accordingly.

- The top 8 individuals at the National Championships will continue to be recognized as NCWA All-Americans, regardless of their Division.

Programs not meeting the above D-1 requirements will be considered as D-2 Club Programs.

** Note: The NCWA Executive Board reserves final determination on division classification.*

Article 8 – 2011-12 WEIGHT CLASSES

The NCWA has approved **11** weight classes for the Men's Division as follows:

125 -- 133 -- 141 -- 149 -- 157 -- 165 -- 174 -- 184 -- 197 -- 235 (min. 173) -- 285 (min. 183)

The NCWA has approved **9** weight classes for the Women's Division as follows:

105 -- 112 -- 121 -- 130 -- 139 -- 148 -- 159 -- 176 -- 209

NCWA has developed a separate weight control plan which is detailed in a separate document titled **Weight Control Plan**. The National Wrestling Coaches Association (NWCA) has also developed a weight management program that has been adopted by the NCAA and other wrestling organizations. As part of the benefits from our membership in the NWCA, NCWA coaches may request this program for evaluation during the season.

Article 9 – NCWA NATIONAL POINT SCORING PROGRAM

The NCWA has established a National Point Scoring Program for the following purpose:

- 1) To highlight top wrestlers
- 2) To promote expanded competition
- 3) To rank wrestlers and teams for national exposure
- 4) To use as a benchmark for scholarships
- 5) To use as a seeding criteria at the Conference Championships

For each match that a NCWA wrestler wins, they will be awarded points; in each tournament in which they place, they will earn additional placement points. Bonus Points are also earned for each pin, along with previous year placement in Conference and National tournaments. Wrestlers lose NCWA points for losses in both dual and tournament competitions. The NCWA will change the calculation of points from time-to-time based on actual head-to-head competition.

The NCWA Judicial Committee reserves the right to penalize an athlete for any unsportsmanlike conduct or rules violation by the removal of NCWA National Points.

Article 10 – SCHEDULES

Schedules for each Member Team must be published on the NCWA website by **October 15th**. Failure to post team schedules by the deadline will result in a \$50 fine assessed to the team. The fine will be applied to the National Scholarship Trust Fund. Available tournament and dual competitions are located in the "Schedules" section of the official NCWA website.

The NCWA "Forum" section of the website may be used to solicit both tournament and dual competitions.

The NCWA strongly encourages the use of **Competition Contracts** for all events. Further, the NCWA will arbitrate event disputes only if all involved parties have signed an NCWA Competition Contract. NCWA Competition Contracts are available on the NCWA website under “forms.” The form is available in PDF format and MS Word format. In the Word format, a coach will be able to enter information onto the form so that it can be sent to the invited team(s) in a more readable format.

Article 11 – CODES OF CONDUCT (adopted from NCAA Rules and Interpretations)

COACHES’ CODE OF CONDUCT:

It is the moral obligation of all collegiate wrestling coaches to conduct themselves in such a way as to reflect credit upon their institutions, their profession and themselves. Personal grooming and appropriate dress is a standard of professionalism. Jeans, T-shirts, sweatsuits or warm-up suits (top or bottom), headwear, and similar apparel are not considered suitable attire and are prohibited. Moral obligation and ethical conduct are part of winning and losing. Good sportsmanship, appearance, pride, honor and concern for the well-being of the competitors should be placed before all else. The rules have been established in the spirit of this statement.

STUDENT-ATHLETES’ STATEMENT OF CONDUCT AND RESPONSIBILITY:

It is the responsibility of all wrestlers to conduct themselves in such a way as to reflect credit upon their institutions, the sport and themselves. Further, all wrestlers should realize that their personal appearance, behavior and standards are related closely to the image of the sport as perceived by all segments of the public and wrestling communities. This applies to conduct as a competitor on the mat, while attending the event, while traveling to and from the event, and conduct both on and off campus. Moral obligation and ethical conduct are part of winning and losing. Good sportsmanship, pride, honor and personal behavior should be placed above all else. The rules have been established in the spirit of this statement.

REFEREES’ CODE OF CONDUCT:

Wrestling referees have the responsibility for conducting bouts in a dignified, professional and unbiased manner and shall deal with all situations in the spirit of good sportsmanship and in the best interest of the wrestlers and the sport. The character and conduct of referees must be above reproach. When in uniform or on site, a referee shall not fraternize with contestants and / or coaches. Referees must keep themselves prepared both physically and mentally to administer bouts. Referees will enforce the rules firmly and fairly in both letter and spirit in such a way that attention is drawn to the wrestlers rather than themselves.

SPECTATOR SPORTSMANSHIP:

The NCAA (*and NCWA*) promotes good sportsmanship by student-athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racial or sexist comments, or other intimidating actions directed at officials, student-athletes, coaches or team representatives will not be tolerated and are grounds for removal from the premises.



SECTION 4 – ADMINISTRATIVE STRUCTURE

Article 1 – EXECUTIVE BOARD

The Executive Board of the NCWA will consist of the following members:

Board of Directors:

- Executive Director: Jim Giunta (*jim@ncwa.net*)
- Assistant Executive Director: Steve Davis (*steve@ncwa.net*)
- Executive Secretary/Treasurer: Lelan Brotheman (*lelan@ncwa.net*)

- In addition, adjunct members:

- National Director of Development:
- National Compliance Officer:..... Kevin Andres (*compliance@ncwa.net*)

The NCWA Executive Board will serve as the final arbitrator for all rule interpretations, and, along with the Judicial Committee, has the authority to remove or suspend any program or coach that it deems to be detrimental to the Association.

Article 2 – JUDICIAL COMMITTEE

The NCWA Judicial Committee will consist of the following voting members:

- NCWA Executive Director
- NCWA Assistant Executive Director
- NCWA Executive Secretary / Treasurer
- NCWA National Compliance Officer

plus the following membership to be appointed by the Executive Director:

- NCWA Wrestling Official
- Active NCWA wrestling Coach

Article 3 – LEGISLATIVE COUNCIL – “The Rules Committee”

The NCWA Legislative Council will consist of the following voting members:

- 5 members of the Executive Board
- 7 Conference Chairmen
- National Communication Director

(Total of 13)

The Legislative Council will be responsible for formulating the necessary rules and regulations applicable to the NCWA and its member schools.

Article 4 – NCWA NATIONAL DIRECTOR OF DEVELOPMENT

The NCWA **National Director of Development** will be responsible for fundraising for the NCWA.

Article 5 – NCWA NATIONAL - SPORTS INFORMATION DIRECTOR (N-SID)

The **National - Sports Information Director (N-SID)** is responsible for communication of NCWA directives, schedules and results to all media sources including, but not limited to, radio, television, newspapers, periodicals and electronic communications.

Scott Farrell will hold this position. **Scott Farrell email: (*ncwasid@yahoo.com*)**

It is recommended that each NCWA member team designate a Sports Information Director (T-SID) for timely reporting information to the media and the NCWA's N-SID.

Article 6 – NATIONAL COMPLIANCE OFFICER

The **National Compliance Officer** is responsible for:

email: (compliance@ncwa.net)

- a) investigating reported rule infractions
- b) presenting his findings to the NCWA Judicial Committee
- c) informing the involved parties of the Board's decision and resolutions of the problem

Kevin Andres of Mercer University is the National Compliance Officer for the current season.

The National Compliance Officer is to inform any offender of their violation. All national level violations will be fined accordingly and all monies will be deposited in the National Scholarship Trust Fund.

Article 7 – NATIONAL COMMUNICATION DIRECTOR

The **National Communication Director** is responsible for:

- a) developing, designing and maintaining the official NCWA website (www.ncwa.net)
- b) responsible for the electronic registration of wrestlers
- c) monitoring the individual insurance policy program
- d) responsible for all insurance issues and claims

David Mathews is the National Communication Director for the current season. (webmaster@ncwa.net)

Article 8 – NATIONAL DIRECTOR OF PROMOTIONS

The **National Director of Promotions** will be responsible for:

- a) Oversight of NCWA national promotions
- b) Publication offerings to national media and NCWA members
- c) Media communications concerning NCWA event and athletes
- d) Awards and recognition of outstanding promotions by member teams
- e) Sales and marketing of NCWA Clinics, DVD's and other items



Article 9 – ADVISORY BOARD

The NCWA Advisory Board will consist of the following non-voting members plus other members to be developed: Media Director, Athletic Director, Medical Advisor, Legal Consultant, National Publication consultant, an Olympic Wrestling Champion, along with any additional specialists that the Executive Board considers necessary.

- **NCAA D-I Coaches:**
 Jack Spates – former coact - University of Oklahoma
 Teague Moore – Clarion University
- **NCAA D-II Coach:**
 Joseph Baranik – St. Andrews Presbyterian College
- **NCAA D-III Coach:**
 Jim Miller – Wartburg College
- **NAIA Coach:**
 Shawn Kelly – Hastings College
- **National Wrestling Coaches Association (NWCA):**
 Mike Moyer – Executive Director
 John Licata – Coaching Development
- **USCAA Executive Director – Bill Casto**
- **Tom Lawlor and Mo Lawal – Liaison for Ultimate Fighting Championships**
- **Dave Mills – Grand Valley – Clinic Advisor**

ADVISORY BOARD'S SUB-COMMITTEES - 2011-12:

Tournaments Committee:

Chairman: Jim Giunta - NCWA Director -- jim@ncwa.net

Alumni Committee:

Chairman: Dalton Souders – texasduke@gmail.com

Financial Development Committee:

Chairman: John Piper - Lafayette College -- piperj@lafayette.edu

Clinics Committee:

Chairman: Bryan Cook – BRC7141@yahoo.com

Promotions Committee:

Chairman: Tabitha Wilson - NCWA National Director -- tabitha@rockstarphoto.net

Women's Division Committee:

Chairman: Kevin Andres – Mercer University -

NCWA Quality Enhancement Committee (D-1 – D-2 Concepts):

Chairman: Bryan Knepper – Middle Tennessee State University – coach.knepper@gmail.com

Article 10 – CONFERENCE BOARD OF DIRECTORS

Within the NCWA structure, there will be **7** Conferences with their own local Board of Directors that will consist of the following:

Chairman, Commissioner / Compliance Officer, Director of Development / Treasurer,
Conference Sport Information Director (*C-SID*) and Conference Alumni Director.

Each Conference will fill the positions of their Conference Board by an election to be held at their annual Conference Championships. The newly elected Board will assume their duties at the conclusion of the National Championship Finals. The current Board members will attend and vote at all legislative sessions through the end of the National Championships. The new Board members may attend the meetings and advise the current Board Members but may not vote on any motions.

The **Chairman's duties**: will be to set and administer all conference meetings; document all competition results for their Conference teams. The Chairman is responsible for completion and submission of the entire Conference Championship packet to the NCWA National Secretary/Treasurer for entry into the National Championships. It is recommended that the Conference Chairman not be an active coach.

The **Commissioner / Compliance Officer's duties**: will be to verify schedules for all teams and tournaments within the Conference; responsible for certifying the eligibility of all Conference and National Qualifiers; responsible for competition contract disputes and establish a working relationship with the local Wrestling Officials Associations. The Conference Commissioner will also function as the Conference Compliance Officer and report compliance infractions to the National Compliance Officer.

The **Conference Director of Development / Treasurer's duties**: are to encourage expansion of the NCWA within their Conference, including but not limited to, initial school contacts, invitation to membership, fundraising and advertising the NCWA and Conference events and their respective results.

The **Conference Alumni Director's duties**: are to encourage expansion of the Alumni information base of each Conference school, promote participation by the Alumni at local and national events and encourage membership in the National NCWA Alumni Association.

The **Conference - Sports Information Director (C-SID) duties**: shall include the publication of a minimum of two (2) articles each season promoting the accomplishments of their Conference. In addition, the C-SID shall facilitate the compliance of conference schools in the timely publication of competition results on the NCWA website.

The **Conference Board's composite duties**: will also include the following:

- 1) Oversee all of the NCWA and NCAA rules within their Conference
- 2) Promote new programs within their Conference
- 3) Report information and competition results to the NCWA
- 4) Promote local / conference events to the various media
- 5) Present information to School Boards and Athletic Departments
- 6) Inform local high schools about programs at NCWA member schools
- 7) Selecting the Conference Championship host team and approving the venue
- 8) Oversee and direct their local NCWA Conference Qualifying Championships
- 9) Determine which Official(s) and tournament workers will be recommended for the NCWA's National Championships

The logo for SMI Awards, featuring the letters 'SMI' in a large, stylized, outlined font, followed by 'AWARDS' in a smaller, solid font. A small red square is positioned above the 'i' in 'SMI'. The entire logo is set against a black background and is enclosed within a yellow rectangular border.

Article 10 – NCWA BOARD COMPENSATION

All NCWA Board members are volunteers. No compensation is paid for any services rendered. The NCWA Board members may request expense reimbursement from the Executive Secretary/Treasurer in advance of incurring an expense on behalf of the Association.

Currently, most expenses for promotion of the NCWA will be the responsibility of the respective volunteer. We anticipate some expenses being reimbursed as the Association begins to accept money through fundraising and donations. The NCWA does NOT anticipate that it will pay any type of compensation to the directors, volunteers or organizers in the near future but does reserve the right to make such payments if the treasury allows.

SECTION 5 – WRESTLING PLAN – RULE CHANGES

Article 1 – Primary Method to Change Rules

- a) Changes to the published NCWA Wrestling Plan are to be submitted to the Legislative Council (*Rules Committee*), in voting form for discussion at the National Committee Meetings which are held at the ~~National Championships and the~~ NCWA Vision Forum each year;
- b) Additionally, proposals are solicited from each Conference as part of their Conference Championships Results Packet. All proposals must be approved by the Conference Board prior to being submitted for consideration;
- ~~e) All submissions will be placed on the agenda for the National Meetings; the agenda will be placed on the NCWA website prior to the National Meeting;~~
- d) Motions, debates and voting will use the normal parliamentary procedures outline in Roberts Rules of Order;
- e) A simple majority vote by the Legislative Council is required for a motion to pass; a quorum (defined as 30%) is required.

Article 2 – Electronic Vote via Email

- a) During the year, proposals may be submitted for consideration using electronic balloting;
- b) A proposal must be by unanimous agreement of the Conference Board submitting the proposal or a majority agreement of the Executive Board;
- c) The voting period will last no more than 30-days from the time the email is issued;
- d) During the voting period, the proposal may be discussed and evaluated by all member schools;
- e) The vote may be cast anytime during the 30-day voting period and may be submitted by all active (i.e.: paid) member schools. Every team may vote as long as they are paid members of NCWA;
- f) A simple majority vote is required for an electronic vote to pass;
- g) A quorum (defined as 30%) of the active/paid member schools must be cast for the vote to be valid.

Article 3 – Emergency Vote

- a) Only a Conference Chairman or an Executive Board member may request an emergency vote;
- b) The resolution must be submitted to the Executive Board of Directors who will determine if the vote qualifies as an emergency;
- c) If approved, the resolution will be published for evaluation by member schools;
- d) The voting period for an emergency vote is no more than 72-hours from the time of issuance;
- e) The motion will require a three-quarters vote to pass; only active/paid member schools may vote;
- f) A quorum (defined as 30%) of the active/paid member schools must be cast for the vote to be valid.

SECTION 6 – FINANCES

Article 1 – FUNDRAISING

Schools and teams may raise funds for their local programs through sponsorships, tournaments, sale of items and through donations.

Fundraising activities must be in total compliance with any and all rules specific to their own school policies regulating these activities. The NCWA will not disallow methods approved by the local academic institution.

The NCWA requires that all funds be deposited in separate accounts, specifically designated for team use. The funds, however, may be placed in a joint account with the school's recreational sports department or athletic department and must follow all proper accounting procedures.

The NCWA reserves the right to all name and logo rights involved with items sold or sponsorships obtained. Permission to use the NCWA logo, or name, in conjunction with any fundraising, or any other event, must be approved in writing. To obtain approval, contact the NCWA Executive Director.

Article 2 – NCWA SERVICES, LLC

The NCWA has established the NCWA Services division which will be a separate, for-profit entity, responsible for fundraising activities, sponsorships and other activities approved by the NCWA. This entity will be separate from the 501(c)3 division of the NCWA. The purpose is to obtain sponsorships from businesses and corporations nationally through profit sharing plan between the NCWA Services, the NCWA Conferences and the Member Schools. The proceeds would be used by the for-profit NCWA to pay for expenses including, but not limited to, payment to key personnel and tournament expenses of the non-profit NCWA (Nationals, endowment fund, scholarship fund, etc).

The NCWA shall maintain a contractual relationship with NCWA Services, LLC for profit sharing in areas described above unless revised by both the NCWA Board and the NCWA Services, LLC.

SECTION 7 -- NCWA COLLEGIATE STATE CHAMPIONSHIPS

- a) The NCWA will encourage Open State Collegiate Championships for any and all members schools of the NCWA, NCAA, NAIA, NCCAA or NJCAA;
- b) The state must have at least 3 NCWA active member schools in the state;
- c) Regional (i.e.: geographical) Championships may also be supported by the NCWA and must have a minimum of 3 participating NCWA teams involved;
- d) If a state already supports a similar Collegiate State Championship, the NCWA would not support a competing event but would support the efforts of the existing event provided the NCWA programs were eligible to compete / attend.



SECTION 8 -- NCWA NATIONAL CHAMPIONSHIPS SERIES

Article 1 – NCWA NATIONAL DUALS

The NCWA will host a National Duals Championship, scheduled for **January 27-28, 2012** and will be hosted in Dalton, Georgia at the Dalton Convention Arena. The event will be an “Invitation Only” Tournament, and will host 16 Collegiate teams in the NCWA and 16 High School teams from across the nation.

In addition to the National Duals, the NCWA will also host a “Champions Challenge” among NCWA, NAIA and NCAA-II representatives at the same location.

Each Conference gets at least 1 invitation to the Duals, if the minimum criteria is met. In order to be considered for an invitation, a team must have at least 20 registered athletes from previous season or 14 registered athletes by December 1st of the current season.

Invitations will be sent by email to selected institutions beginning in October each season.

An invited team must return their signed contract, along with their deposit, within 10-days of their receiving their formal, written invitation.

Note: The top eight (8) finishing teams from the previous season’s NCWA National Duals will receive an automatic bid to the current National Duals. These teams are known as “Early Invitation Teams.”

Stage One:

Note: Selection guidelines are subject to change by the Tournament Committee.

The NCWA Tournament Committee will invite up to 8 teams based upon their previous season performance, and must have a minimum of 14 registered Athletes on the official NCWA website by **November 6, 2011** for the current season.

The 3 Threshold Criteria (*only teams that meet these criteria may be considered for “Early Invitations”*)

- 1) 20 or more athletes registered the previous season
- 2) **8** or more wrestlers competed in the previous season Conference Championships
- 3) No more than 1 National Qualifier who did not compete in the previous season’s Individual National Championships

Teams that clear the “3 Threshold Criteria” will be given “Early Invitations” based upon the following:

- 1) The Host team(s) is/are automatically invited
- 2) Total number who qualified for the previous season National Championships
- 3) Total All-Americans previous season
- 4) Team Finish in previous season’s NCWA National Duals
- 5) Team Finish in previous season’s Individual National Championships
- 6) Total number of registered athletes in previous season
- 7) Tournament Committee’s Choice

Stage Two:

After the “Early Invitations” have been offered, additional invitations will be offered to teams as follows:

- 1) Team Finish in previous season NCWA National Duals
- 2) Total number who qualified for the previous season National Championships
- 3) Total All-Americans previous season
- 4) Total number of currently registered athletes by **November 6th** - minimum of 14
- 5) Team Finish in previous season Individual National Championships
- 6) Tournament Committee’s Choice

NCWA National Duals Participation Requirements

- 1) Team must have 3 event appearances recorded on the official NCWA website before January 15th of the current season
- 2) Team must field a full team to the NCWA National Duals
(Full Team is defined as a minimum of **8** athletes in **8** different weight classes)

If a team cannot guarantee the above Participation Requirements, they should decline their invitation.

Teams that do not meet the above deadlines may be replaced by the NCWA Tournament Committee with teams that do comply with the basic participation requirements.

Team seeding for the NCWA National Duals will be based on the following criteria:

- 1) Total athletes who were All-Americans for the previous year's Individual National Championships
- 2) Total athletes who qualified for the previous year's Individual National Championships
- 3) Total athletes who were state champions the previous season as a high school senior
- 4) Total NCWA Team points from records posted on the official NCWA website this season

*** Special consideration will be given to preparatory programs, military academies, and transitioning programs as the above criteria may not apply.

Article 2 – NCWA CONFERENCE CHAMPIONSHIP TOURNAMENTS

- MEN'S DIVISION ONLY

The date for the 2012 NCWA Conference Championships for all Conferences will be the weekend of February 25, 2012. For the site and times of the 2012 Conference Championships, contact the specific Conference Chairman.

Conferences may hold Regional Championships in order to qualify for the Conference Championships as deemed necessary by the Conference Board. Any pre-conference requirements must be published to each Conference Team no later than **October 15th**. Awards for these events are the responsibility of the host Conference.

The Conference Board is responsible for selecting the tournament host and for approving the venue. Bids for hosting the following season's Conference Championships must be submitted to their Conference Board at the Conference Championships of the current season. The Conference Board is to establish a written contract with the host team. The host team is to establish a written contract with their host facility and that contract is to be submitted to the Conference Board by **April 15th** of that year.

The host of the Conference Championships must post all known information about the Championships no later than December 10th. As additional information is posted, the changes are to be dated in order to avoid confusion with new information.

Only NCWA athletes who have not entered any nationally recognized collegiate post-season championship series during the current season shall be allowed to compete in the current NCWA championship series. Women wrestlers entering an NCWA Conference event are not subject to this restriction.

In order to be eligible to compete in the Conference Championships, a wrestler must have competed in a minimum number of collegiate wrestling events (i.e.: two separate weigh-ins at scratch weight). A waiver to this rule may be granted by the Conference Board.

The Conference Tournament Committee shall consist of 3 or more members of the Conference Board.

The tournament management of each NCWA Conference Championship will collect **\$10.00** per wrestling entrant for the NCWA national treasury in addition to their own Conference Championship entry fees. The fee is to be collected, submitted along with the Conference Results packet and sent to the NCWA Executive Secretary/Treasurer. It is the responsibility of the Conference Chairman to collect the fee (**\$10/entrant**) and write one check for the amount due as determined by the number of the Conference entrants. This composite check is to be made payable to the NCWA.

For individual or team payments at the Conference Championships, contact the tournament management regarding to whom checks are to be made payable.

Conference Entry Forms (2 forms):

FORM # 1: Men's Conference Championship - Official Entry Forms are available on the NCWA web site and the information must be submitted before entering the seeding meeting of the Conference Championship. The form will supply the tournament management with the following information: Name, school, academic class, year of eligibility, age, and overall record at all weight classes during the current season for each entrant. In addition, the NCWA National Point Scoring totals for each entrant must be supplied. This will facilitate the seeding process for each weight class.

FORM # 2: In order to verify that a wrestler is an active student at the represented school, the NCWA Conference Championship - **Academic Eligibility Form** - requires that the school's Registrar verify enrollment, attendance and Cumulative Overall Grade Point Average (GPA) **of each entrant** by means of a signature for each entrant and their official school seal. This Academic Form must be forwarded to the NCWA in the Conference Results packet.

Note: every Conference entrant must be listed on the academic form, and their GPA must be entered, regardless of their academic eligibility.

Failure to provide administrative verification will disqualify a wrestler from participation in the Conference event. Failure to submit the two forms listed above by the seeding meeting deadline may result in a wrestler not being allowed to compete. The tournament committee has the authority to fine teams for late entries.

The number of entrants per team, per weight class, is limited by the local Conference Board. However, the number of Conference Qualifiers that may advance to the National Championships is limited to two per team, per weight class.

In both the Conference Championships, and the NCWA National Championships, when wrestlers from the same team meet "head-to-head" during the event, they are required to compete. However, no "bonus points" will be awarded. If either wrestler forfeits the match, 1-team point will be deducted for "unsportsmanlike conduct" (UC) on the part of the coach. This penalty is cumulative with any other violations during the event.

Suggested Seeding Criteria for Conference Championships:

(alterable, but any alteration must be set by the Conference Board and published on the website no later than December 10th)

- 1) Head-to-Head competition
- 2) Returning All-American - same weight class
- 3) Prior All-American - any weight class - any year
- 4) NCWA Points
- 5) Season wins at same weight class
- 6) Returning Conference Champion or Conference Placer

The Conference Championships are the final check-point for the eligibility of their wrestlers. It is the responsibility of the Conference Chairman and the Tournament Committee to advance only eligible qualifiers to the NCWA National Championships Committee.

Weigh-in procedures for the Conference Championships will follow standard NCAA rules. All competitors must report at the posted time or forfeit their opportunity to compete.

Wildcard Entries:

If a Conference wrestler is unable to compete in the Conference Championships due to extraordinary circumstances they may submit a waiver to the Conference Board to waive normal procedures. This application must be presented at least 48-hours before the seeding meeting of the Conference Championships. Even though the wrestler may be granted a waiver to the competition phase of the Conference Championships, they must still weigh-in at the Conference site, along with the other competitors and make weight in order to complete the requirements of the waiver.

In addition, if the wrestler is not able to be present at the Conference weigh-in site at the posted time, they may be granted permission to weigh-in 'off-site' at the same time as the Conference weigh-ins, have the weigh-in witnessed and verified by at least two individuals. This weigh-in sheet must be submitted to the Conference Board within 24-hours of the completion of the Conference Championships.

The waiver application, and the weigh-in information, are to be included in the Conference packet that is submitted to the NCWA Executive Board following the Conference Championships. The NCWA Executive Board of Directors will select athletes to fill any open bracket positions to the National Championships based upon the recommendation of their respective Conference Board.

Conference Awards:

For the Conference Championships, The NCWA will supply each Conference with individual medals for the top 3 places in each of the 11 weight classes (33 medals total). The local host will be responsible for all team awards and any special awards that they deem appropriate and must pay for the additional awards from their own revenues. Each Conference should compete to the 8th place in each weight class in order to aid the Nationals Tournament Committee in selecting additional 'wildcard' entrants.

Additional NCWA Conference Championship medals may be ordered through the NCWA for additional places at the Conference Championships **at a rate of \$5.00/medal**.

The deadline for ordering additional medals is **December 15th**.

The Conference Chairman of each Conference Championship is responsible for submitting the Conference Championship Results to the NCWA Executive Secretary. The Results must be sent via email no later than Monday - 5:00 PM EST after the event. The Results must be completed on the data disk provided with the Chairman's packet. The email information is to be sent to the Executive Board. The hardcopy of the data, along with all payments are to be sent via Fed-Ex / Over-Night no later than Monday following their Conference Championships. The pre-paid Fed-Ex packet will be furnished by the NCWA.

Information required will include the following on each entrant at the event: Name, school, class, age, **GPA** and overall record at all weights during the current season (including Conference matches) for each qualifier. This information will be needed for the souvenir booklet for the National Championships.

In addition to this information, each Qualifier will be required to complete a **National Collegiate Wrestling Championships Entry Form**, which is available on the NCWA web site. This form is their statement of intent to compete in the National Championships. If they indicate that they will compete, they must submit their **\$35** entry fee (*or fee set by the Executive Board*), along with their Championship Entry Form, to the Conference Chairman, who will send this information and money to the NCWA Executive Secretary in the provided Fed-Ex packet no later than Monday following their Conference Championships. All Forms and all money must be submitted at this time. The Conference Chairman is to generate one check equal to the total amount due based upon **\$35** per entrant from their Conference. The Conference composite check is to be made payable to: **NCWA**

An athlete who has submitted their **National Collegiate Wrestling Championships Entry Form**, may **scratch** from the National Championships, without competition penalty, until 5:00 PM EST Wednesday following the Conference Championships (*February 29, 2012*). The wrestler must notify the Executive Director of their intentions by email to ***jim@ncwa.net***. However, the entry fee is not refundable.

Any athlete who, for any reason, scratches from the National Championships after the deadline will be ineligible for post-season competition for one-year. The ineligible athlete may apply for a **Nationals Waiver to Compete** in the following year's Conference Championships by submitting the proper form and waiver fee to the Waiver Chairman (Assistant Executive Director) at least 30-days prior to the Conference Championship's seeding meeting. The waiver form is available on the NCWA website.

If a wrestler is unable to compete during the Conference Championships due to a medical condition, or is unable to complete competition during the event due to a medical condition, they must submit a "**Medical Release to Participate**" form to the National Championships Tournament Committee before competing in the Nationals. The "Medical Release to Participate" form must be signed by a medical personal (e.g.: doctor, school certified trainer). The Medical Release form is available on the NCWA website. **The signed form is to be submitted at the registration session of the National Championships.**

Article 3 – NCWA NATIONAL CHAMPIONSHIPS TOURNAMENT

- MEN'S AND WOMEN'S DIVISIONS

**The date for the 2012 National Collegiate Wrestling Championships will be March 8-10, 2012.
The location for the Championships: (to be determined)**

More information is available on the NCWA web site (www.ncwa.net) and the venue's own website for information, maps and directions.

MEN'S DIVISION:

The NCWA will sponsor an annual National Collegiate Wrestling Championships for all Conference Qualifiers. The event will host the top qualifiers in each weight class who are able to participate in the Championships. If a qualifier is unable to advance to the Nationals, alternates may be selected from subsequent Conference participants. The Nationals will be held 2-weeks after the scheduled weekend for the Conference Championships in order to allow participants to arrange schedules and transportation.

At the conclusion of the Conference Championships, each qualifier for the Nationals must commit to participate in the Nationals or pass their opportunity to the next qualifier. Participation in the Nationals will not affect their Conference standing, team scoring or reception of awards. This commitment will be in the form of their "**National Collegiate Wrestling Championships Entry Form**" which is available on the NCWA website.

No wrestler's eligibility shall be called into question after they have been submitted by their Conference Chairman and accepted by the NCWA Board of Directors. All eligibility questions must be settled before the Conference Championships. However, athletes declared ineligible after the National Championships will be subject to all applicable NCWA fines and penalties.

The National Collegiate Wrestling Championship brackets will be composed of the top finalists in each weight class from each Conference. The qualifiers will be placed on their bracket according to a rotational method which will match various conferences with alternating conferences on a [1st vs. 4th] and [2nd vs. 3rd] basis.

The number of National Championship Qualifiers for each Conference will be determined by the NCWA Executive Board of Directors based on the current season's Conference participation and will be declared before the Conference Championships. A Conference's placement of NCWA All-Americans in the prior National Championships may also be considered for added qualifiers.

If a Conference Qualifier who has submitted their Nationals Entry Form for the National Championships is unable to compete for any reason, they must notify the Executive Director as soon as possible so that their position among the qualifiers may be replaced by another wrestler. The scratched wrestler's name will be replaced by another qualifier in the same Conference or by a wildcard. If no wrestler is available, the name will become a "BYE" on the brackets. The deadline for scratch/replacement is **5:00 PM EST, Wednesday** following the Conference Championships (**February 29, 2012**)

If a wrestler scratches after the post-Conference deadline, they may be replaced by another eligible Conference Qualifier prior to the registration session of the National Championships. If a 'scratch' is submitted at the registration session, that opening may be filled by any eligible Conference Qualifier in attendance. After that deadline, all scratches will remain on the brackets and will be scored as a 'forfeit'.

Any athlete who, for any reason, scratches from the National Championships after the deadline will be ineligible for post-season competition for one-year. The ineligible athlete may apply for a **Nationals Waiver to Compete** in the following year's Conference Championships by submitting the proper form and waiver fee to the Waiver Chairman (Assistant Executive Director) at least 30-days prior to the Conference Championship's seeding meeting. The waiver form is available on the NCWA website.

The results of the Conference Championships will be collected and posted on the NCWA web page. During the week that follows the Conference Championships, the Conference Qualifiers will be distributed across the proposed brackets and then the brackets will be sent to the Conference Chairmen for their evaluation. All changes will be completed by the weekend following the Conference Championships and will then be posted onto the NCWA Web Page (www.ncwa.net) for the other teams to view.

If a wrestler is unable to qualify for the National Championships through his Conference Championships due to extraordinary and unforeseeable circumstances, he may petition his Conference Board for a Wildcard berth into the National Championship Tournament. If the Conference Board accepts that their petition has merit, they shall present the petition to the NCWA Executive Board of Directors for consideration. By a simple majority vote of the Executive Board of Directors, a Wildcard berth may be granted, provided that the petitioner has met the weigh-in procedures as set forth in the NCWA Wrestling Plan.

In order to assist the Executive Board in conducting the National Championships, each Conference will be required to furnish a minimum of 3 workers (or a number to be announced by the Executive Board) who will be assigned various responsibilities during the event. The responsibilities may include conducting the weigh-ins, managing the score tables, gate supervision, providing Officials and other duties deemed necessary for a smooth event. The Assistant Executive Director will assign any additional event responsibilities.

Weigh-ins at the National Championships will use 4 scales. The scheduled time for all weigh-ins will be established by the tournament committee, beginning with skin checks. After sufficient time, the Head Official will declare the official time for weigh-ins to begin. When the scales are officially opened for weigh-ins, all weight loss activities must stop.

In the National Championships, when wrestlers from the same team meet "head-to-head" during the event, they are required to compete. However, no "bonus points" will be awarded. If either wrestler forfeits the match, 1-team point will be deducted for "unsportsmanlike conduct" (UC) on the part of the coach. This penalty is cumulative with any other violations during the event.

At the National Championships, individual awards will be presented to the top **8** placers in each weight class, along with "All-American" certificates.

Team awards will be presented to the top **4 teams in Division 1 and the 1st place club in Division 2.**

"Most Outstanding Wrestler" and "Coach of the Year" awards will also be presented as determined by a vote of the participating coaches.

WOMEN'S DIVISION:

The 2012 National Championships for the Women's Division will be held at the same location and times as the Men's Division National Championships. The 2012 Nationals will be an Open Tournament for all registered members of an NCWA Member Team in the Women's Division. At this time, it is not anticipated that there will be a Conference Championship qualifier for the Women's Division. This criteria will be subject to modification by the Conference Board of Directors. Each team may submit 2 wrestlers per weight class at the National Championships.

Academic Eligibility Forms must also be submitted by the head Coach for each team entering the Nationals. The Women's Academic Eligibility Form is on the website.

On-line Registration for the event will begin on **February 18, 2012** and end **February 25, 2012**. Only those who register at this time will be guaranteed a spot on the National Championship Brackets.

Entry fee is \$35 / entrant - non-refundable and payment must be made by credit / debit card at the time of the on-line registration.

A female athlete who has submitted their **National Collegiate Wrestling Championships Entry Form - Women's Division**, may **scratch** from the National Championships without competition penalty until **5:00 PM EST Wednesday - February 29, 2012**. The wrestler must notify the Executive Director of their intentions not to compete by email to ***jim@ncwa.net***. However, the entry fee is not refundable.

Any athlete who, for any reason, scratches from the National Championships after the deadline will be ineligible for post-season competition for one-year. The ineligible athlete may apply for a **Nationals Waiver to Compete** in the following year's post-season competition by submitting the proper form and waiver fee of \$50 to the Waiver Chairman (Assistant Executive Director) at least 30-days prior to the Conference Championship's seeding meeting.

Awards will be presented to the top 3 placers in each of the **9** weight classes, along with "All-American" certificates. Team awards will be presented to the top 3 teams. "Most Outstanding Wrestler" and "Coach of the Year" awards will also be presented as determined by a vote of the participating coaches. Awards are subject to modification by the Executive Board of Directors



SECTION 9 -- NCWA AREAS OF RECOGNITION & SUPPORT

Article 1 -- NCWA SCHOLARSHIPS

The NCWA will be actively soliciting scholarship opportunities for its athletes. Scholarship applications must be submitted to the NCWA Scholarship Committee two (2) months before the semester for which funds are required.

- 1) No NCWA scholarships will be given for the purpose of recruiting high school graduates;
- 2) The NCWA will not limit scholarships within the NCAA guidelines;
- 3) Only active members of the NCWA wrestling teams who have at least one year of wrestling history with the NCWA team will be eligible for NCWA scholarship awards.

NCWA Scholarships will be based on the following criteria, which may be modified at any time by the Executive Board:

- 1) Overall team participation within the NCWA;
- 2) Attitude, example and leadership of the individual;
- 3) NCWA Ranking Points acquired by the eligible wrestler;
- 4) Academic achievements;
- 5) Number of years on the team;
- 6) Financial need;
- 7) Letters of Recommendation.

All scholarship awards will be processed for payment through the NCWA, under the direction of the Scholarship Committee.

Corporate Scholarship applications must be submitted by December 31st to the Scholarship Committee, as directed on the application form found on the NCWA website.

Article 2 -- SCHOLARSHIP AWARDS TRUST FUND

The NCWA has established a Scholarship Awards Trust Fund, which will generate the needed money for distribution. All national fines will be deposited in this Trust Fund. After the fund assets reach \$10,000, then the NCWA will be able to distribute the funds as follows:

- Fifty percent (50%) of all funds donated in a fiscal year will be distributed to recipients in the next two (2) award cycles.
- Fifty percent (50%) of all scholarship revenues donated in a fiscal year will be deposited into the NCWA Scholarship Trust Fund.
- Sixty percent (60%) of the earnings generated by the Scholarship Trust Fund will be distributed to recipients annually. When the Trust reaches \$1 million, 70% of the earnings will be distributed; at \$10 million, 80% of the earnings will be distributed; at \$100 million, 90% of the earnings will be distributed.



Article 3 -- NCWA SPECIAL GRANTS

The NCWA Treasury will be permitted to award funds to various college programs that may help to provide such necessities as: mats, travel, uniforms, entry fees, etc.

All awards from the Special Grants must be requested in writing and submitted to the NCWA Executive Director. The Executive Board must then approve these requests.

The NCWA Special Grants will support/sponsor camps, clinics and certification schools, such as:

- Coaching Camps (philosophy, integrity)
- Wrestling Technique and Conditioning Camps
- Wrestling Officials Certification Schools
- The Overall Improvement of Wrestling's Image

Article 4 -- NCWA "HALL OF FAME"

The NCWA has established a "Hall of Fame" for the purpose of recognizing persons who have been involved in the sport of wrestling, making a significant contribution to the youth of our nation. The NCWA will attempt to integrate the Hall with the National Wrestling Hall of Fame in Stillwater, Oklahoma.

The NCWA Alumni Association will develop procedures for nominating individuals for induction into the Hall of Fame. Nomination Forms will be available to active members of the NCWA Alumni Association each year.

The categories of the "Hall of Fame" will be:

- Circle of Champions
- Hall of Honor
- Founders Club
- Hall of Fame Legend

Article 5 -- NWCA-NCWA "ACADEMIC AWARDS"

*Currently these awards are being presented in conjunction with the NWCA
(National Wrestling Coaches Association)*

NWCA – NWCA All Academic Team: Wrestlers with a grade point average of 3.25 or higher, and have met the eligibility requirements to wrestle in post-season competition, will be considered for this award.

Applicants must be full-time students and have completed at least one full year of classes to be eligible. GPA records will be collected from the Conference Academic Eligibility forms.

Only those wrestlers who advance from the Conference Championships as National Qualifiers will be considered for this award even if they do not place in the National Championships.



SECTION 10 -- 2011-12 MEMBERSHIP BENEFITS

- 1) Coaches may enroll in the **National Wrestling Coaches Association (NWCA)** at a deep discounted rate. Membership will entitle coaches to all benefits of the NWCA, including their Weight Control Program.
- 2) The NCWA's national web page at **www.ncwa.net**. The NCWA web page facilitates communication with other teams, coaches, media and the NCWA. The NCWA will supply each team with their own individual web page.
- 3) Team Liability Insurance coverage of \$1,000,000 per occurrence and \$2,000,000 aggregate
- 4) Supplemental individual accidental insurance for Registered NCWA participants
- 5) National administrative and compliance support
- 6) Each team is supplied with one copy the *NCAA Wrestling Rules and Interpretation Book*, sent along with their Membership Payment Receipt
- 7) NCWA Coaching Clinics and Coaches education through the NWCA.
- 8) NCWA Teams receive special pricing with Exclusive Vendors for supplies, equipment and mats.
- 9) ~~Member teams are supplied with the NCWA Resource Binder, which will include:~~
 - ~~-- NCWA rules and eligibility~~
 - ~~-- The NCWA Weight Control Plan~~
 - ~~-- An Historical Perspective of the previous years' competition~~
 - ~~-- Final Results, brackets and photographs of the previous year's National Championships~~

(N.B. The NCWA will no longer supply a Resource Binder but recommends that each team create their own binder where they can store pertinent files and records for the current season as well as records of past events for future teams)

- 10) Each Coach may also request a free subscription to Wrestling USA Magazine
Additional copies may be ordered through Wrestling USA Magazine
- 11) NCWA National Duals
- 12) Champions Challenge – NCWA vs. NAIA vs. NCAA-II
- 13) The NCWA National College Championships
- 14) NCWA National Championship Rings, All-American honors, and awards
- 15) The NCWA works with member teams to promote their program to their student body, their community and the national media
- 16) The NCWA promotes each team to its respective Athletic Department for eventual inclusion into the school's NCAA, NAIA, NCCAA or NJCAA program



SECTION 11 -- Team Penalties - Fines Schedule:

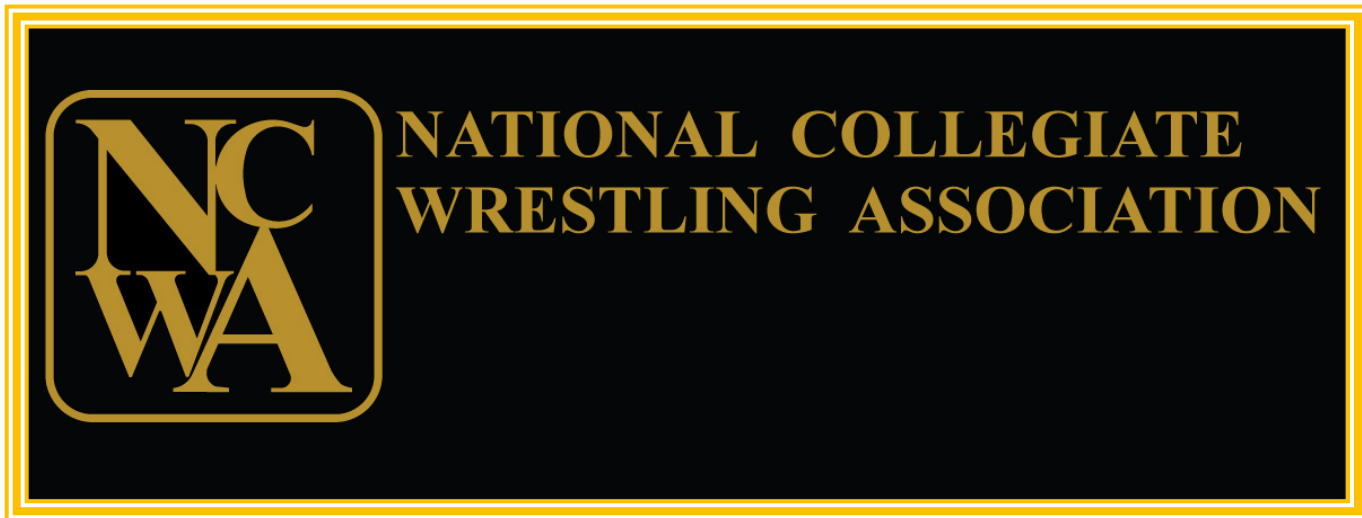
(Note: All fines will be deposited into the NCWA Scholarship Trust Fund)

	<u>1st Offense</u>	<u>2nd Offense</u>	<u>3rd Offense</u>	<u>4th Offense</u>
-- No schedule on website by 10/15	\$50			
-- Use of Non-NCWA Official.....	\$50	\$100	\$200	Disqualification
-- Wrestling a Non-Registered Athlete	\$50	\$100		Disqualification
-- Not reporting results / late results	Warning	\$50	\$50	\$100
-- Inaccurate contact info on NCWA website	Warning	\$50	\$50	\$100
-- Team SID Article not submitted	\$20	\$20		
-- Failure to Host an Event each season (D-1)	\$100	\$250	\$500	
-- Failure to update Athlete's Records within 5 days	\$50	\$100	\$200	\$500

SECTION 12 --

COACHES' REPRIMANDS & DISCIPLINARY ACTIONS

When it has been alleged that a team or coach is in violation of the NCWA rules, the offending party shall be notified of the allegations and will be given 10-days to provide an appeal. If it is ultimately ruled that a violation did occur, notification shall be sent to the school's administration. Notice of the offense will be posted on the secured section of the NCWA website as a Section 12 Violation.



MEDICAL ADVISORY on CA-MRSA:

(Community Associated - Methicillin-Resistant *Staphylococcus aureus*)

A great deal of concern has been expressed by the wrestling community about various infections that plague our sport. The items below list ways to help prevent CA-MRSA from eliminating your team from competition due to serious illness and/or death. CA-MRSA is a community spread version of methicillin-resistant *Staphylococcus aureus* (MRSA). The items below were published in a recent article in Reader's Digest (8/07). Please take this situation seriously and take appropriate action to prevent contracting or spreading this disease.

How to Protect Your Team.

CA-MRSA is usually spread by skin-to-skin contact with infected people while playing sports like football or wrestling, for example, as well as giving hugs and handshakes. Doctors recommend these steps:

Keep your hands clean.

Washing with soap and warm water several times a day is the single best way to combat staph. Teach wrestlers to rub their hands briskly under running water for at least 15 seconds. Carry alcohol-based hand sanitizer (Purell, Germ-X) for times when soap and water aren't available. It's also helpful to keep fingernails short and to discourage nose picking.

Cover cuts and scrapes.

Any wound should be washed with soap and water, then covered with dry, sterile bandages until it heals. Apply a clean dressing daily. Pus from infected sores can contain CA-MRSA, so it's also important to wash your hands after changing bandages to avoid spreading staph.

Don't share personal items.

Tell your wrestlers not to use friends' and teammates' towels, washcloths, clothing, uniforms or razors. People who appear perfectly healthy can still be CA-MRSA carriers. Shared sports equipment, such as helmets and gym mats, should be cleaned with an antibacterial solution after every use.

Sanitize gym clothing and linens.

If anyone on the team has a cut, sore or infection, wash bedding and towels in hot water with added bleach. Wash sports clothing and washable athletic gear with laundry detergent after each use. Drying laundry in a hot dryer, not on a clothesline, also helps kill bacteria.

Remember flu shots.

Since the flu lowers resistance to CA-MRSA, being vaccinated every year helps protect against both diseases. The best time to get the shot is in October or November.

Get tested.

If you have a skin infection that needs medical treatment, ask the doctor to check for CA-MRSA, which responds only to certain antibiotics. Many MDs prescribe the wrong drugs because they don't do a test. That can worsen the infection. Until recently, diagnosis typically involved doing a culture. But it takes up to 48 hours to grow the bacteria in a lab, meaning that people could continue to spread the infection while waiting for lab results. In April, 2007, the FDA approved the one-hour Xpert MRSA test, which uses DNA technology to check the nose for the superbug. That gives hospitals a fast, reliable way to screen patients for MRSA before admission. Next year, the test's manufacturer, Cepheid, expects approval of a DNA test for use on tissue samples from infected areas, giving doctors another tool for rapid diagnosis.

Be sure to take all your prescribed medication.

Even if your skin heals, be sure to take all of the prescription. Bacteria you leave alive today can morph into tomorrow's superbugs.

Recommended Actions for Teams and Wrestlers:

- 1) Mandatory showers after practices and events
- 2) Shower, or at least wash-up, between matches in a tournament
- 3) Mop / sanitize the mats before every practice and event; do it again before storing mats after practice
- 4) Mop / sanitize the mats between rounds of a tournament
- 5) Wash all practice clothes, knee pads, head gear, singlets, warm-ups, etc. after use
- 6) Clean wrestling shoes before walking onto mats

For more information, please contact the NCWA Executive Director (Jim Giunta) at:

1-866-894-5094 -- NCWA Fax Line (toll-free)

1-800-825-3696

e-mail: jim@ncwa.net

Web-Site: www.ncwa.net

Contact Information for Board of Directors:

Executive Director:..... Jim Giunta
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Assistant Director: Steve Davis
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Executive Secretary Lelan Brotheman
and Treasurer: 8737 Grenadier Dr
Dallas TX 75238-3819
214-348-8548
email: lelan@ncwa.net

Webmaster Dave Mathews
email: webmaster@ncwa.net

Compliance Issues:..... Kevin Andres
email: compliance@ncwa.net

2011 NCWA NATIONAL DUALS

Held at: Dalton Convention Center
Dalton, Georgia
January 27-29, 2011

2011 NCWA & NCWWA NATIONAL CHAMPIONSHIPS

Held at: Mercer University
Macon, Georgia
March 10-12, 2011

Below is a box that contains all of the brackets for the Men's & Women's Divisions, Team Scores divided by Division 1 and Division 2 standings, listing of the 2011 All-Americans, Conference Results, Conference Boards, and the 2011 Academic All-American recipients. Also included are the Final Brackets of the National Duals Tournament.

To open the 'package', place your cursor within the border of the box below and '**double click**' the box and it will open and display the files that contain the information. You can view each file as needed. Select / Click the file you want to open, and then use "open file" from the dropdown menu.

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